



# SS INSTITUTE OF PHARMACY

(A unit of VS Educational & Charitable Trust)

Approved by Tamilnadu Government & Pharmacy Council of India, New Delhi.  
Affiliated to the Tamilnadu Dr. M.G.R. Medical University,  
and The Directorate of Medical Education, Chennai.

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## NUTRITION AND DIET COUNSELLING SESSIONS

**Date: 13.04.2023**

**From:**

Program Coordinator,  
SS Institute of Pharmacy,  
Sankari-637301.

**To:**

The Principal,  
SS Institute of Pharmacy,  
Sankari-637301.


**Respected sir,**


**Subject:** Request for Approval to Conduct Awareness Program on “**Nutrition and Diet Counseling**”

I am writing to seek your kind approval to organize an awareness program on "**Nutrition and Diet Counseling**" for the students of our college and residents of nearby villages. The primary aim of this program is to educate participants about the importance of a balanced diet, proper nutrition, and the benefits of healthy eating habits. We plan to conduct this program on 25.04.2023, and it will include expert sessions from dietitians, interactive workshops, and personal counseling sessions. We are confident that, with your support, this program will be a great success.

**Thanking you,**



  
**PRINCIPAL,**  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
SALEM - 637301

  
**Yours sincerely,**  
Program Coordinator,  
SS Institute of Pharmacy



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## CIRCULAR

**Date:19.04.2023**

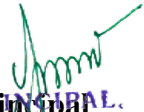
**Dear All,**

**Subject:** Awareness Program on “Nutrition and Diet Counseling”

This is to inform all students and faculty will be organizing an awareness program on "Nutrition and Diet Counseling" on 25.04.2023 at Devannagoundanoor PHC.

The program will feature expert sessions by renowned dietitians, interactive workshops, and personalized counseling for those interested in improving their diet and nutritional habits. This initiative aims to promote health awareness and encourage a healthy lifestyle among our students and the residents of nearby villages.

All students are encouraged to participate actively in this event. Faculty members are requested to guide and motivate students to attend the sessions.

  
**Principal,**  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
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**Copy to:**

- Chairman sir
- Administrative office
- Notice board.





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## LIST OF VOLUNTEERS:

S.NO	VOLUNTEERS	YEAR
1.	K.ARUN KUMAR	IV B.PHARM
2.	A.DHARUN	IV B.PHARM
3.	K.ARUN KUMAR	IV B.PHARM
4.	M.DEEPASREE	IV B.PHARM
5.	SYED YASIN S.M	III B.PHARM
6.	TAMILARASAN .A	III B.PHARM
7.	BAVITHRA.B	III B.PHARM
8.	THILAGAVATHI .M	III B.PHARM
9.	THIRUMURUGAN .R	III B.PHARM
10.	BARATH KUMAR.R	III B.PHARM
11.	BHARATHI RAJA.S	III B.PHARM
12.	BATHRINATH.A	II B.PHARM
13.	BOOPATHI.G	II B.PHARM
14.	BOOPATHI.P	II B.PHARM
15.	CHITHARTHA.M	II B.PHARM
16.	DEVIPRIYA.K	II B.PHARM
17.	DHATCHNAMOORTHY.K	II B.PHARM
18.	DHIVYA.N	II B.PHARM
19.	GAYATHRI.S	II B.PHARM
20.	PRAVEEN.T	I B.PHARM
21.	PRETHIKA.B	I B.PHARM
22.	PRIYA.V	I B.PHARM
23.	PRIYADHARSHINI.P	I B.PHARM
24.	PRIYADHARSHINI.S	I B.PHARM
25.	SAKTHIPRIYA.K	I B.PHARM



  
PRINCIPAL,  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
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## PHOTOCOPIES OF THE EVENT:



## NUTRITION AND DIET COUNSELLING SESSIONS



  
PRINCIPAL,  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
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## EVENT REPORT

**Date: 26.04.2023**

**Respected Sir,**

**Subject:** Report on "Nutrition and Diet Counseling Awareness Program".

I am pleased to submit the post-event report on the awareness program on "**Nutrition and Diet Counseling**" conducted on 25.04.2023. The program was successfully organized with the active participation of students and the residents of DevannagoundanurPHC.


- **Feedback:** The feedback received from participants was overwhelmingly positive. Many appreciated the personal counseling sessions, which provided them with customized dietary plans.

### **Beneficiaries:**

- **Students:** The sessions helped students understand the importance of proper nutrition and the impact of dietary choices on their academic performance and overall well-being.
- **Community Members:** The villagers expressed gratitude for the counseling provided, as it helped them address specific nutritional issues prevalent in their community.

I extend my sincere thanks to the college administration, faculty members, and volunteers who contributed to the success of this event. With your continued support, we look forward to organizing similar initiatives in the future.



  
**PRINCIPAL,**  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
SALEM - 637301.



# SS INSTITUTE OF PHARMACY




## CERTIFICATE OF APPRECIATION

This is to certify that Mr./Mrs./Miss.....DHAYAN..... of  
.....And..... year .....B. PHARM..... branch has been actively participated in  
the event of ..NUTRITION AND DIET COUNSELLING..... on  
.....24.04.2023..... organised by **NSS**

  
**PRINCIPAL**



  
**PRINCIPAL,**  
SS INSTITUTE OF PHARMACY,  
KUPPANUR (PO), SANKARI (TK),  
SALEM - 637301

  
**NSS CO-ORDINATOR**