



SS INSTITUTE OF PHARMACY

(A unit of VS Educational & Charitable Trust)

Approved by Tamilnadu Government & Pharmacy Council of India, New Delhi.
Affiliated to the Tamilnadu Dr. M.G.R. Medical University,
and The Directorate of Medical Education, Chennai.

CAMPAIGNS ON HEALTHY AGING

Date : 10.09.2021

From:

Program Coordinator,
SS institute of pharmacy,
Sankari- 637301.

To:

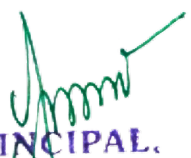
The Principal,
SS institute of pharmacy,
Sankari- 637301.

Respected Sir,


Subject: Request for Approval to Conduct an Awareness Program on "**Campaigns on Healthy Aging**".

We are writing to seek your approval to organize an awareness program titled "**Campaigns on Healthy Aging**" targeting our college students and the nearby village communities. This program aims to educate participants on the importance of maintaining health as they age, including topics such as balanced nutrition, regular physical activity, mental well-being, and preventive healthcare measures. Given the increasing need to promote healthy aging, especially within rural areas, this initiative would contribute to the overall well-being of the community and empower them with knowledge to lead healthier lives as they age. The program will include expert talks, interactive sessions, and distribution of informative materials. The proposed date for the event is **23.09.2021**. I kindly request your approval to proceed with the necessary arrangements.

Thanking you,


PRINCIPAL,
SS INSTITUTE OF PHARMACY,
KUPPANUR (PO), SANKARI (TK),
SALEM - 637301




Yours sincerely,
Program Coordinator,
SS institute of pharmacy.



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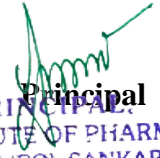
CIRCULAR

Date: 17.09.2021

Dear All,

Subject: Conducting Awareness Program on "Campaigns on Healthy Aging".

We are pleased to announce that our college will be organizing an awareness program on "**Campaigns on Healthy Aging**" for all students and residents of nearby villages. This initiative aims to promote the importance of maintaining good health as one ages and will cover various aspects such as nutrition, physical activity, mental health, and preventive care. The event will take place on 23.09.2021 at Kuppanur village from **10.00AM** to **3.00PM**. We encourage all students and faculty to participate actively and help spread awareness within our communities.


Principal
SS INSTITUTE OF PHARMACY,
KUPPANUR (PO), SANKARI (TK),
SALEM - 637301

Copy to:

- Chairman sir
- Administrative office
- Notice board.





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LIST OF VOLUNTEERS:

| S.NO | VOLUNTEERS | |
|------|---------------------|----------|
| 1. | B.MADESHWARAN | III-YEAR |
| 2. | S.PAVENDHIRAN | III-YEAR |
| 3. | T.PRADEEP | III-YEAR |
| 4. | A.DHARUN | III-YEAR |
| 5. | M.GOKULNATH | III-YEAR |
| 6. | S.SREEJITH | III-YEAR |
| 7. | R.SRITHER | III-YEAR |
| 8. | M.SHALINI | III-YEAR |
| 9. | M.SURYAPRAKASH | III-YEAR |
| 10. | T.THANGAPANDIYAMMAL | III-YEAR |
| 11. | VALLARASU.D | II-YEAR |
| 12. | VISHWANATHAN .V | II-YEAR |
| 13. | SURIYA .G | II-YEAR |
| 14. | TAMILARASAN .A | II-YEAR |
| 15. | SIVAPRAKASH .V | II-YEAR |
| 16. | ISHWARYA.S | II-YEAR |
| 17. | GOWSALYA.V | II-YEAR |
| 18. | MUTHU.J | II-YEAR |
| 19. | KESAVAMUGILESH.M | II-YEAR |
| 20. | SATHISHKUMAR .J | II-YEAR |
| 21. | SWATHY .M | II-YEAR |
| 22. | S.YUVAKIRUTHIGA | I-YEAR |
| 23. | SYED ABDULLA.A | I-YEAR |
| 24. | SUGASHINI.M | I-YEAR |
| 25. | SETHURAMAN.P | I-YEAR |
| 26. | SASIKALA.G | I-YEAR |
| 27. | SATHYA JASMINE.A | I-YEAR |



PRINCIPAL,
SS INSTITUTE OF PHARMACY,
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PHOTOCOPIES OF THE EVENT:



CAMPAIGNS ON HEALTHY AGINGS


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EVENT REPORT

Date: 27.09.2021

Respected Sir,

Subject: Report on the Awareness Program on "**Campaigns on Healthy Aging**".

We are pleased to submit the post-event report for the awareness program titled "**Campaigns on Healthy Aging**", which was successfully conducted on 23.09.2021 at Kuppanur village. The event witnessed active participation from both college students and residents of nearby villages.

Event Highlights:


- **Expert Talks:** Renowned healthcare professionals delivered insightful sessions on nutrition, physical activity, mental health, and preventive care.
- **Interactive Sessions:** Participants engaged in discussions and Q&A sessions with the experts.
- **Informative Materials:** Brochures and pamphlets on healthy aging practices were distributed to all attendees.

Beneficiaries:

- **College Students:** A total of 27 students participated, gaining valuable knowledge on maintaining health as they age.
- **Village Residents:** 30 villagers from the surrounding areas attended the event and benefitted from the expert advice and informational materials.

The event was well-received by all attendees, and we believe it has made a significant impact on raising awareness about the importance of healthy aging.




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SS INSTITUTE OF PHARMACY



CERTIFICATE OF APPRECIATION

This is to certify that Mr./Mrs./Miss.....~~SNED~~.....~~JASIN~~.....~~S.M~~..... of
.....~~2nd~~..... year~~B:PHARM~~..... branch has been actively participated
in the event of~~CAMPAINS~~.....~~ON~~.....~~HEALTHY~~.....~~AGING~~..... on
...~~23.09.2021~~... organised by NSS

PRINCIPAL

PRINCIPAL,
SS INSTITUTE OF PHARMACY,
KUPPANUR (PO), SANKARI (TK),
SALEM - 637301



NSS CO-ORDINATOR