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and The Directorate of Medical Education, Chennai.

CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Volleyball Tournament on 04/10/2021 at SSIP sports ground. Those who are willing to participate in the Volley ball tournament for boys enroll their names with sports coordinator

Event Theme : Volley Ball Tournament for Boys

Event rules:

- Maximum number of hits 3
- Team rotation rules
- Ball may be served underhand or overhand.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

"Prizes and Certificate will be awarded to the Winners"



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NH-544, Kuppanur (Po), Sankari (Tk), Salem(Dt) – 637301, Tamilnadu, India

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Throw ball Tournament on 11/10/2021 at SSIP sports ground. Those who are willing to participate in the Throw ball tournament enroll their names with sports coordinator

Event Theme :Throw ball Tournament

Event rules:

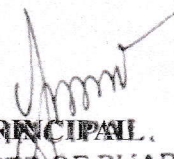
- Throw the ball over the net. If the other team can't catch it, you get a point.
- Only throw the ball. Don't hold or catch it.
- Move to the next position after each serve.

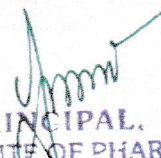
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Tenni koit Tournament on 18/10/2021 at SSIP sports ground. Those who are willing to participate in the Tenni koit tournament for boys enroll their names with sports coordinator

Event Theme : Tenni koit Tournament for girls

Event rules:

- Serve the ball from behind the service line. The ball must go over the net and land in the opponent's side of the court.
- Use only one hand to hit the ball. The ball must not touch the ground on your side of the court before you return it.
- Stay within your half of the court and don't cross the center line. The ball must stay within the court lines

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the cricket tournament on 01/10/2021 at SSIP sports ground those who are willing to participate in the cricket tournament for boys enroll their names with sports coordinator

Event Theme : Cricket Tournament for Boys

Event rules

- In cricket, there are always two teams and 22 players
- Ruling of the Umpire is final
- A Duration of the game is negotiated
- Every six Balls makes an over
- No more than five fielders can be on the leg side at any time.
- Overthrows could.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Kabaddi Tournament on 14/10/2021 at SSIP sports ground. Those who are willing to participate in the Kabaddi tournament enroll their names with sports coordinator

Event Theme : Kabaddi Tournament

Event rules:

- **Raid:** A Player (Raider) Must Cross The Center Line And Touch Opponents While Chanting "Kabaddi."
- **Defense:** Defenders Try To Tag The Raider Before They Return To Their Half.
- **Elimination:** If The Raider Is Tagged Or Fails To Return, They Are Out.
- **Points:** Successful Raids Earn Points; The More Players Touched, The Higher The Score.
- **Tackling:** Defenders Can Tackle Raiders Using Various Techniques, But They Must Avoid Dangerous Moves.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the KHO KHO Tournament on 18/11/2021 at SSIP sports ground. Those who are willing to participate in the KHO KHO Tournament enroll their names with sports coordinator

Event Theme :KHO KHO Tournament

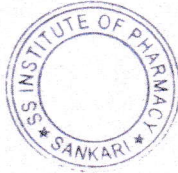
Event rules:


- **Eams:** Each team consists of 12 players, but only 9 players from each team are on the field at a time.
- **Innings:** Each team gets a chance to chase and defend.

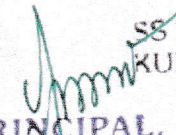
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Football Tournament on 07/10/2021 at SSIP sports ground. Those who are willing to participate in the Football tournament for boys enroll their names with sports coordinator

Event Theme : Football Tournament

Event rules:

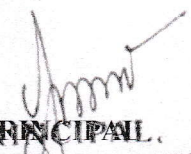
- **No Hands:** Don't use your hands to touch the ball (unless you're the goalkeeper).
- **Stay Onside:** Don't stand too close to the opponent's goal when your team passes you the ball.
- **Don't Foul:** Play fairly; don't trip, push, or hold other players.

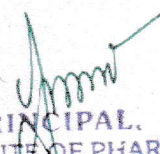
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Chess Tournament for boys on 22/11/2021 at SSIP sports ground. Those who are willing to participate in the Chess tournament for boys enroll their names with sports coordinator

Event Theme : Chess Tournament for boys

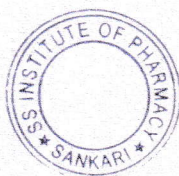
Event rules:

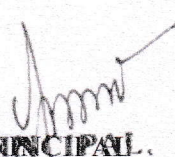
- Each type of piece moves differently.
- Put the opponent's king in a spot where it can't escape.
- Players move one piece at a time, starting with White

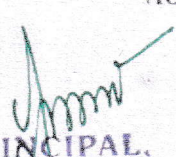
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the Chess Tournament on 22/11/2021 at SSIP sports ground. Those who are willing to participate in the Chess tournament enroll their names with sports coordinator

Event Theme : Chess Tournament for girls

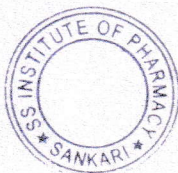
Event rules:

- Each type of piece moves differently.
- Put the opponent's king in a spot where it can't escape.
- Players move one piece at a time, starting with White

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the carrom Tournament for boys on 28/10/2021 at SSIP sports ground. Those who are willing to participate in the carrom tournament for boys enroll their names with sports coordinator

Event Theme : Carrom Tournament for boys

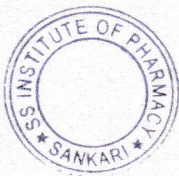
Event rules:

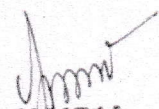
- Pocket your pieces (black or white) and the queen before your opponent does.
- Flick the striker to hit your pieces into the pockets. You must hit one of your own pieces or the queen to keep playing.
- If you pocket the striker or fail to hit a piece, it's a foul, and your turn is over.

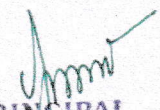
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the carrom Tournament for girls on 28/10/2021 at SSIP sports ground. Those who are willing to participate in the carrom tournament for boys enroll their names with sports coordinator

Event Theme :Carrom Tournament for girls

Event rules:


- Pocket your pieces (black or white) and the queen before your opponent does.
- Flick the striker to hit your pieces into the pockets. You must hit one of your own pieces or the queen to keep playing.
- If you pocket the striker or fail to hit a piece, it's a foul, and your turn is over.

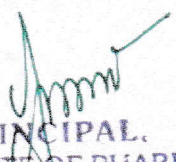
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Badminton tournament for Boys on 25/10/2021 SSIP sports ground. Those who are willing to participate in the Badminton tournament for Boys enroll their names with sports coordinator.

Event Theme: Badminton Tournament for boys

Event Rules:

- A player must wait until his opponent is ready before serving
- The feet of both players must remain in a stationary position until the serve is made
- It is not a fault if you miss the shuttle while serving

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Badminton tournament for Girls on 25/10/2021 SSIP sports ground. Those who are willing to participate in the Badminton tournament for Boys enroll their names with sports coordinator.

Event Theme: Badminton Tournament for Girls

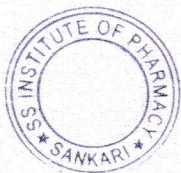
Event Rules:

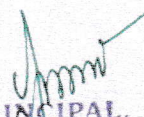
- A player must wait until his opponent is ready before serving
- The feet of both players must remain in a stationary position until the serve is made
- It is not a fault if you miss the shuttle while serving

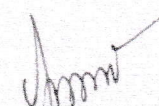
All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the 100M Running For Boys on 11/11/2021 SSIP sports ground. Those who are willing to participate in the 100M Running For Boys enroll their names with sports coordinator.

Event Theme: 100M Running for boys

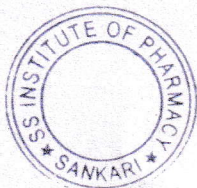
Event Rules:

- **Start:** Use starting blocks and wait for the gun to start the race.
- **Lane:** Stay in your own lane from start to finish.
- **False Start:** If you jump the gun, you get one chance. A second false start means disqualification.
- **Finish:** Cross the finish line with any part of your body to win.
- **Equipment:** Wear appropriate running shoes and your team's uniform.
- **Conduct:** Don't interfere with other runners or behave unsportingly.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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This is informed that, we are going to conduct the 100M running for girls on 11/11/2021 SSIP sports ground. Those who are willing to participate in the 100M running for girls enroll their names with sports coordinator.

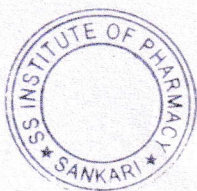
Event Theme: 100M Running for girls

Event Rules:

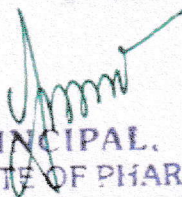
- **Start:** Use starting blocks and wait for the gun to start the race.
- **Lane:** Stay in your own lane from start to finish.
- **False Start:** If you jump the gun, you get one chance. A second false start means disqualification.
- **Finish:** Cross the finish line with any part of your body to win.
- **Equipment:** Wear appropriate running shoes and your team's uniform.
- **Conduct:** Don't interfere with other runners or behave unsportingly.

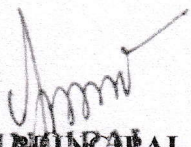
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Venue : SSIP sports ground



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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the 200M Running for boys on 13/11/2021 at SSIP sports ground. Those who are willing to participate in the 200M Running for boys enroll their names with sports coordinator

Event Theme : 200M Running for boys

Event rules:

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

"Prizes and Certificate will be awarded to the Winners"



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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the 200M Running for Girls on 13/11/2021 at SSIP sports ground. Those who are willing to participate in the 200M Running for Girls enroll their names with sports coordinator

Event Theme : 200M Running for Girls

Event rules:

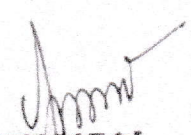
- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

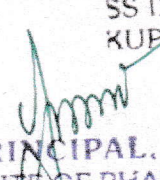
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the 400M RUNNING for boys on 16/11/2021 at SSIP sports ground. Those who are willing to participate in the 400M running for boys enroll their names with sports coordinator

Event Theme :400M RUNNING FOR BOYS

Event rules:

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the 400M RUNNING for girls on 16/11/2021 at SSIP sports ground. Those who are willing to participate in the 400M running for GIRLS enroll their names with sports coordinator

Event Theme :400M RUNNING FOR GIRLS

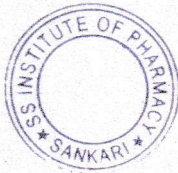
Event rules:

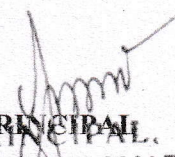
- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

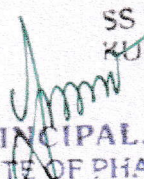
All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Discus Throw tournament for Boys on 4/11/2021 SSIP sports ground. Those who are willing to participate in the Discus Throw tournament for Boys enroll their names with sports coordinator.

Event Theme: Discus Throw Tournament for boys

Event Rules:

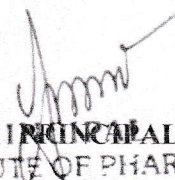
- The performance is judged based on creativity, difficulty, and execution.
- It includes multiple rounds or categories, such as individual routines, pairs routines, or distance throws. Each event may have specific rules and time limits.
- Judges score performances on a scale that reflects the technical skill, originality, and overall presentation of the tricks.

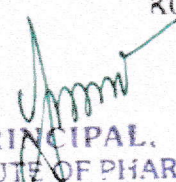
All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Discus Throw tournament for GIRLS on 4/11/2021 SSIP sports ground. Those who are willing to participate in the Discus Throw tournament for Girls enroll their names with sports coordinator.

Event Theme: Discus Throw Tournament for Girls

Event Rules:


- The performance is judged based on creativity, difficulty, and execution.
- It includes multiple rounds or categories, such as individual routines, pairs routines, or distance throws. Each event may have specific rules and time limits.
- Judges score performances on a scale that reflects the technical skill, originality, and overall presentation of the tricks.

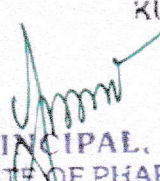
All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Javelin Throw tournament for Boys on 8/11/2021 SSIP sports ground. Those who are willing to participate in the Javelin Throw tournament for Boys enroll their names with sports coordinator.

Event Theme: Javelin Throw Tournament for Boys

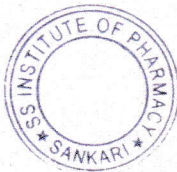
Event Rules:

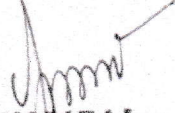
- The javelin must be thrown from behind the foul line and within the designated sector.
- The javelin must land tip-first within the sector for the throw to be valid.
- The throw must be made with the javelin held by the grip, with no additional aids.

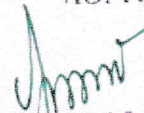
All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Javelin Throw tournament for Girls on 8/11/2021 SSIP sports ground. Those who are willing to participate in the Javelin Throw tournament for Girls enroll their names with sports coordinator.

Event Theme: Javelin Throw Tournament for Girls

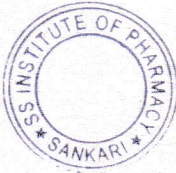
Event Rules:

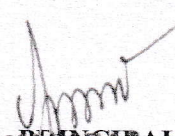
- The javelin must be thrown from behind the foul line and within the designated sector.
- The javelin must land tip-first within the sector for the throw to be valid.
- The throw must be made with the javelin held by the grip, with no additional aids.

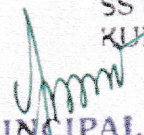
All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Shotput tournament for Boys on 01/11/2021 SSIP sports ground. Those who are willing to participate in the Shotput tournament for Boys enroll their names with sports coordinator.

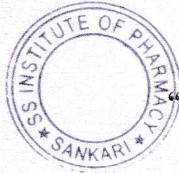
Event Theme: Shotput Tournament for boys

Event Rules:

- Keep both feet within the 7-foot-wide circle while throwing. Do not touch or step on the edge of the circle until after the shot has landed.
- Your throw is invalid if you step outside the circle, touch the circle's edge, or if the shot lands outside the designated sector in front of you.
- The distance is measured from the inside edge of the circle to the spot where the shot first touches the ground. The longest throw that meets the rules wins

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground



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CIRCULAR

DATE: 26/9/2021

Dear students,

This is informed that, we are going to conduct the Shot put tournament for GIRLS on 01/11/2021 SSIP sports ground. Those who are willing to participate in the Shot put tournament for GIRLS enroll their names with sports coordinator.

Event Theme: Shot put Tournament for Girls

Event Rules:

- Keep both feet within the 7-foot-wide circle while throwing. Do not touch or step on the edge of the circle until after the shot has landed.
- Your throw is invalid if you step outside the circle, touch the circle's edge, or if the shot lands outside the designated sector in front of you.
- The distance is measured from the inside edge of the circle to the spot where the shot first touches the ground. The longest throw that meets the rules wins

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue : SSIP sports ground

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CIRCULAR

DATE: 26/9/2021

Dear students,

This is information that, we are going to conduct the 4×100 M Relay For Boys on 17/11/2021 at SSIP sports ground. Those who are willing to participate in the 4×100 M Relay For Boys enroll their names with sports coordinator

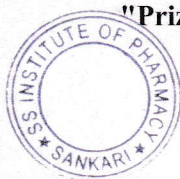
Event Theme : 4×100 M RELAY FOR BOYS

Event rules:

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground



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Dear students,

This is information that, we are going to conduct the 4×100 M Relay For Girls on 17/11/2021 at SSIP sports ground. Those who are willing to participate in the 4×100 M Relay For Girls enroll their names with sports coordinator

Event Theme : 4×100 M Relay For Girls

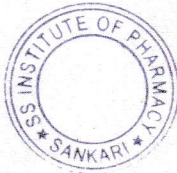
Event rules:

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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