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#### **CIRCULAR**

DATE:21/9/2019

· Dear students,

This is information that, we are going to conduct the Volleyball Tournament on 07/10/2019 at SSIP sports ground. Those who are willing to participate in the volley ball tournament for boys enroll their names with sports coordinater

**Event Theme: Volley Ball Tournament for Boys** 

#### **Event rules:**

- Maximum number of hits 3
- > Team rotation rules
- > Ball may be served underhand or overhand.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

"Prizes and Certificate will be awarded to the Winners"

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#### **CIRCULAR**

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the Throwball Tournament on 04/10/2019 at SSIP sports ground. Those who are willing to participate in the Throwball tournament enroll their names with sports coordinater

**Event Theme: Throwball Tournament** 

#### **Event rules:**

- Throw the ball over the net. If the other team can't catch it, you get a point.
- Only throw the ball. Don't hold or catch it.
- Move to the next position after each serve.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the Tennikoit Tournament on 22/11/2019 at SSIP sports ground. Those who are willing to participate in the Tennikoit tournament for boys enroll their names with sports coordinater

**Event Theme: Tennikoit Tournament for girls** 

#### **Event rules:**

- Serve the ball from behind the service line. The ball must go over the net and land in the opponent's side of the court.
- Use only one hand to hit the ball. The ball must not touch the ground on your side of the court before you return it.
- Stay within your half of the court and don't cross the center line. The ball must stay within the court lines

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is information that, we are going to conduct the cricket tournament on 07/11/2019 at SSIP sports ground those who are willing to participate in the cricket tournament for boys enroll their names with sports coordinater

**Event Theme: Cricket Tournament for Boys** 

#### Event rules

- In cricket, there are always two teams and 22 players
- Ruling of the Umpire is final
- A Duration of the game is negotiated
- Every six Balls makes an over
- No more than five fielders can be on the leg side at any time.
- Overthrows could.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the ChessTournament for boys on 19/11/2019 at SSIP sports ground. Those who are willing to participate in the Chess tournament for boys enroll their names with sports coordinater

**Event Theme : Chess Tournament for boys** 

#### **Event rules:**

- Each type of piece moves differently.
- Put the opponent's king in a spot where it can't escape.
- Players move one piece at a time, starting with White

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### CIRCULAR

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the ChessTournament on 19/11/2019 at SSIP sports ground. Those who are willing to participate in the Chess tournament enroll their names with sports coordinater

**Event Theme : Chess Tournament for girls** 

#### **Event rules:**

- Each type of piece moves differently.
- Put the opponent's king in a spot where it can't escape.
- Players move one piece at a time, starting with White

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### CIRCULAR

DATE: 21/9/2019

· Dear students.

This is information that, we are going to conduct the carrom Tournament for boys on 15/11/2019 at SSIP sports ground. Those who are willing to participate in the carrom tournament for boys enroll their names with sports coordinater

Event Theme: CarromTournament for boys

#### **Event rules:**

- Pocket your pieces (black or white) and the queen before your opponent does.
- Flick the striker to hit your pieces into the pockets. You must hit one of your own pieces or the queen to keep playing.
- If you pocket the striker or fail to hit a piece, it's a foul, and your turn is over.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the carrom Tournament for girls on 15/11/2019 at SSIP sports ground. Those who are willing to participate in the carrom tournament for boys enroll their names with sports coordinater

Event Theme: CarromTournament for girls

#### **Event rules:**

- Pocket your pieces (black or white) and the queen before your opponent does.
- Flick the striker to hit your pieces into the pockets. You must hit one of your own pieces or the queen to keep playing.
- If you pocket the striker or fail to hit a piece, it's a foul, and your turn is over.

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is informed that, we are going to conduct the Badminton tournament for Boys on 11/11/2019 SSIP sports ground. Those who are willing to participate in the Badminton tournament for Boys enroll their names with sports coordinator.

**Event Theme: Badminton Tournament for boys** 

#### **Event Rules:**

- A player must wait until his opponent is ready before serving
- > The feet of both players must remain in a stationary position until the serve is made
- > It is not a fault if you miss the shuttle while serving

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

.Dear students,

This is informed that, we are going to conduct the Badminton tournament for Girls on 11/11/2019 SSIP sports ground. Those who are willing to participate in the Badminton tournament for Boys enroll their names with sports coordinator.

**Event Theme: Badminton Tournament for Girls** 

**Event Rules:** 

- A player must wait until his opponent is ready before serving
- > The feet of both players must remain in a stationary position until the serve is made
- > It is not a fault if you miss the shuttle while serving

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

Dear students,

This is informed that, we are going to conduct the 100M Running For Boys on 31/10/2019 SSIP sports ground. Those who are willing to participate in the 100M Running For Boys enroll their names with sports coordinator.

**Event Theme:** 100 meters running for boys

#### **Event Rules:**

- > Start: Use starting blocks and wait for the gun to start the race.
- Lane: Stay in your own lane from start to finish.
- False Start: If you jump the gun, you get one chance. A second false start means disqualification.
- Finish: Cross the finish line with any part of your body to win.
- **Equipment:** Wear appropriate running shoes and your team's uniform.
- **Conduct**: Don't interfere with other runners or behave unsportingly.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

Dear students,

This is informed that, we are going to conduct the 100M running for girls on 31/10/2019 SSIP sports ground. Those who are willing to participate in the 100M running for girls enroll their names with sports coordinator.

Event Theme: 100 meter running for girls

#### **Event Rules:**

- > Start: Use starting blocks and wait for the gun to start the race.
- Lane: Stay in your own lane from start to finish.
- > False Start: If you jump the gun, you get one chance. A second false start means disqualification.
- Finish: Cross the finish line with any part of your body to win.
- **Equipment**: Wear appropriate running shoes and your team's uniform.
- **Conduct**: Don't interfere with other runners or behave unsportingly.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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### **CIRCULAR**

DATE:21/9/2019

· Dear students,

This is information that, we are going to conduct the 400M RUNNING for boys on 31/10/2019 at SSIP sports ground. Those who are willing to participate in the 400M running for boys enroll their names with sports coordinater

**Event Theme: 400M RUNNING FOR BOYS** 

#### **Event rules:**

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE: 21/9/2019

· Dear students,

This is information that, we are going to conduct the 400M RUNNING for girls on 31/10/2019 at SSIP sports ground. Those who are willing to participate in the 400M running for GIRLS enroll their names with sports coordinater

**Event Theme: 400M RUNNING FOR GIRLS** 

#### **Event rules:**

- Don't change your track from beginning to end.
- Competitors must not obstruct
- The race commences with the commands 'on your mark', 'set' and the starting pistol

All the participants are instructed to submit their Names to the CAS and event coordinator.

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is informed that, we are going to conduct the Discus Throwtournament for Boys on 24/10/2019 SSIP sports ground. Those who are willing to participate in the Discus Throwtournament for Boys enroll their names with sports coordinator.

#### **Event Theme: Discus ThrowTournament for boys**

#### **Event Rules:**

- The performance is judged based on creativity, difficulty, and execution.
- It includes multiple rounds or categories, such as individual routines, pairs routines, or distance throws. Each event may have specific rules and time limits.
- Judges score performances on a scale that reflects the technical skill, originality, and overall presentation of the tricks.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is informed that, we are going to conduct the Discus Throwtournament for GIRLS on 24/10/2019 SSIP sports ground. Those who are willing to participate in the Discus Throwtournament for Girls enroll their names with sports coordinator.

#### **Event Theme: Discus ThrowTournament for Girls**

#### **Event Rules:**

- The performance is judged based on creativity, difficulty, and execution.
- It includes multiple rounds or categories, such as individual routines, pairs routines, or distance throws. Each event may have specific rules and time limits.
- Judges score performances on a scale that reflects the technical skill, originality, and overall presentation of the tricks.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

Dear students,

This is informed that, we are going to conduct the Javelin Throwtournament for Boys on 28/10/2019 SSIP sports ground. Those who are willing to participate in the Javelin Throwtournament for Boys enroll their names with sports coordinator.

### **Event Theme: Javelin ThrowTournament for Boys**

#### **Event Rules:**

- The javelin must be thrown from behind the foul line and within the designated sector.
- The javelin must land tip-first within the sector for the throw to be valid.
- The throw must be made with the javelin held by the grip, with no additional aids.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is informed that, we are going to conduct the Javelin Throwtournament for Girls on 28/10/2019 SSIP sports ground. Those who are willing to participate in the Javelin Throwtournament for Girls enroll their names with sports coordinator.

#### **Event Theme: Javelin ThrowTournament for Girls**

#### **Event Rules:**

- The javelin must be thrown from behind the foul line and within the designated sector.
- The javelin must land tip-first within the sector for the throw to be valid.
- The throw must be made with the javelin held by the grip, with no additional aids.

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

"Prices and certificates will be awarded to winners"

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#### circular

DATE:21/9/2019

Dear students,

This is informed that, we are going to conduct the Shotput tournament for Boys on 21/10/2019 SSIP sports ground. Those who are willing to participate in the Shotput tournament for Boys enroll their names with sports coordinator.

#### **Event Theme: Shotput Tournament for boys**

#### **Event Rules:**

- ➤ Keep both feet within the 7-foot-wide circle while throwing. Do not touch or step on the edge of the circle until after the shot has landed.
- Your throw is invalid if you step outside the circle, touch the circle's edge, or if the shot lands outside the designated sector in front of you.
- > The distance is measured from the inside edge of the circle to the spot where the shot first touches the ground. The longest throw that meets the rules wins

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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#### **CIRCULAR**

DATE:21/9/2019

. Dear students,

This is informed that, we are going to conduct the Shot put tournament for GIRLS on 21/10/2019 SSIP sports ground. Those who are willing to participate in the Shot put tournament for GIRLS enroll their names with sports coordinator.

**Event Theme: Shotput Tournament for Girls** 

#### **Event Rules:**

- > Keep both feet within the 7-foot-wide circle while throwing. Do not touch or step on the edge of the circle until after the shot has landed.
- Your throw is invalid if you step outside the circle, touch the circle's edge, or if the shot lands outside the designated sector in front of you.
- The distance is measured from the inside edge of the circle to the spot where the shot first touches the ground. The longest throw that meets the rules wins

All the participants are instructed to submit their Names to the CAS and event coordinator

Venue: SSIP sports ground

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